JSS ACADEMY OF HIGHER EDUCATION & RESEARCH
(DEEMED TO BE UNIVERSITY) MYSURU

JSS Academy of Higher Education & Research
(Deemed to be University)
Accredited 'A+' Grade by NAAC

University of Mysore
Accredited 'A' Grade (Cycle-4) by NAAC

Department of Community Medicine
JSS Medical College
Mysuru, Karnataka, India – 570015

in collaboration with

Department of Studies in Food Science and Nutrition
University of Mysore, Mysuru
and
Department of Nutrition and Dietetics
JSS Academy of Higher Education & Research, Mysuru

With the Divine Blessings of His Holiness
Jagadguru Sri Shivarathri Deshikendra Mahaswamiji
Jagadguru Sri Veerasimhasana Mahasamsthana Math, Suttur Srikshetra

We cordially invite you to the National Conference

MY NUTRICON-2022

8th and 9th December 2022

Theme: Public Health Aspects of Nutrition towards Sustainable Development Goals

Pre-conference workshop
on
Nutrition and Public Health
7th December 2022

KMC credit hours will be awarded for conference and workshop

VENUE: JSS Medical College, Sri Shivarathreeshwara Nagara, Mysuru

For details visit: https://mynutricon2022.commedjssmc.com

MY NUTRICON-2022

Welcome Message

Dear all,

The Department of Community Medicine, JSS Medical College, Mysuru invites you to the national level conference on nutrition, "MY NUTRICON - 2022" to be conducted in collaboration with Department of Studies in Food Science and Nutrition, University of Mysore, Mysuru and Department of Nutrition and Dietetics, JSS Academy of Higher Education & Research, Mysuru. The conference will be held on 8th and 9th December 2022 with preconference workshop on 7th December 2022. The theme for the conference is "Public Health Aspects of Nutrition towards Sustainable Development Goals"

We cordially invite you all to be a part of this MEGA EVENT!!

About the Institutions

JSS Academy of Higher Education & Research

JSS Academy of Higher Education & Research (JSSAHER) formerly known as JSS University, is Deemed-to-be University located in Mysuru, Karnataka. It was established in 2008 under Section 3 of the UGC Act 1956 and is part of JSS Mahavidyapeetha, which runs a variety of educational institutions. This deemed-to-be university is recognized by the Ministry of Education and accredited by NAAC with A+ Grade. JSS AHER has been graded as Category-I Deemed-to-be University by UGC. It has been focusing on teaching, research and health services since its inception. JSS AHER comprises of medical, dental and pharmacy colleges at the main campus and a pharmacy college in Ootacamund, Tamil Nadu. With a view to extend the horizons in the field of health sciences, the Department of Water and Health (Faculty of Life Sciences) and Department of Health System Management Studies have been integrated as Deemed-to-be university departments.

JSS Medical College

JSS Medical college is a constituent college of JSSAHER. Established in the year 1984, the institution has emerged as a renowned college in the country by providing medical education of high standards and compassionate health care programs through internationalization, innovation in academic and research studies. The Institution is equipped with state-of-the-art infrastructure, laboratories and modern teaching aids. It is progressing towards greater heights with the ardent support of experienced, qualified and dedicated teaching and support staff. In recognition to the services provided in Medical Education, Research and Health care, the institute is ranked 3rd in Outlook iCARE Rankings 2022 among private Medical Colleges in India and 34th position in the National Institutional Ranking Framework (NIRF), 2022.

Department of Community Medicine, JSSMC, JSSAHER

Department of Community Medicine strives to produce a breed of primary care physicians with compassion towards patient care, leadership, research and management techniques. The various community outreach programs offered by the department include School health appraisal program, SMARAN Project, Tribal health check-up camps, Screening camps for non-communicable diseases in urban slums and rural areas, Outreach health education sessions on issues of public health importance. etc. Department is actively taking part in various domains of research like epidemiological studies, vaccine trials, implementation research, operational research, and technological interventions to improve health care outcomes. The best practices we have are Medical Students Social Responsibility Initiative, School health appraisal program, Empowering Faculty with Research Skills through SPSS Workshop and Tribal outreach initiative.

Department of Nutrition and Dietetics, JSSAHER

Department of Nutrition and Dietetics was started in 2014 as Division of Nutrition and Dietetics and declared in the year 2019 as the Department of Nutrition and Dietetics. Department offers 01 UG program in Food, Nutrition and Dietetics and 02 PG programs in Nutrition and Dietetics, and Sports Nutrition &Management and 01 Diploma program in Nutraceutical Technology. The current strength of the department is around 500 students with 11 research scholars. The programs offered by the department has a very good scope for job opportunities in the field of clinical nutrition, dietetics and food Industry.

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University of Mysore

Department of Studies in Food Science and Nutrition

University of Mysore was established on July 27, 1916. It is the sixth oldest in the country and the first in the state of Karnataka. It is the first university in the country to be established outside the limits of British India. The university was founded as a result of the efforts of the benevolent and visionary Maharaja of erstwhile Princely State of Mysore His Highness Shri Nalvadi Krishnaraja Wadiyar - IV (1884-1940), and the then Diwan Sir M. Visvesvaraya (1860-1962). 85 PG Departments are offering more than 150 Postgraduate Programmes with more than 1,20,000 UG, PG, M.Phil, and Ph.D. students. The enrollment of a large number of overseas students from around 50 countries reflects the international reputation of the university. It was the first University to be accredited by NAAC in 2000 with Five Star Status. It was recognized as an “Institution of Excellence ” (in 2008) by Govt. of India, as an “Innovation University” by the Government of Karnataka (2009), as University with Potential for Excellence (in 2009 & 2012) by UGC and as a Centre of Excellence in Potential for Excellence in a Particular Area (in 2016). The University of Mysore has been identified as one of the top 20 universities in Scientific publications and was awarded grants under the PURSE Scheme (in 2016). The university is now ranked 19th in the India Rankings 2021, NIRF-MHRD, Government of India.

The Department of Studies in Food Science and Nutrition (Formerly known as Home Science) was established by the University of Mysore in the year 1970toofferPostgraduate and Doctoral degree programs in Food Science and Nutrition. The department further started a Master's and Doctoral degree program in Human Development (1993-94), M.Sc. Specialization in Clinical Nutrition and Dietetics (2013), PG Diploma in Food Safety, Hygiene and Applied Nutrition (2020), and Certificate Course in Nutrition and Health (2020) in collaboration with IIHMR, Bangalore. Department is also actively involved in the online SWAYAM MOOC program for Food and Nutrition.

The department is housed in its academic building in the Manasagangotri campus since 1976 with well-equipped and furnished classrooms, staffrooms, instrument room, computer laboratory, Nutritional biochemistry, and Food Science Laboratories. It possesses sophisticated equipment for clinical, laboratory, and community-based research. From time to time department got the extension buildings and added facilities that cater to the academic and research needs of all the programs. The department of Food Science and Nutrition has attained national (ICMR, DBT, AIISH, NIMHANS) and international (University of Manchester, University of Reading, and North Western University) recognition for its academic and research work. The Department has collaborative research work for Ph.D. and Dissertations with National and Internationally recognized institutions/universities. It has the credit of research publications (>800 research papers)and presentations (> 800) along with the publication of Books/Book chapters/Booklets written by faculty in English and Kannada. Faculty and research fellows are actively involved in sharing and creating awareness in the community. Faculty have been honored with awards in recognition of their contributions by KSCST, AFST, NSI, IDA, and other prestigious bodies. Research scholars and students have won young scientists and other awards for oral and poster presentations at scientific conferences. The faculty extends consultancy services to the needy people at hospitals/counseling centers/clinics/gym centres/corporate sectors and provides expertise to food industries/hospitals/special education centers/Elderly care homes. Department periodically conducts training programs for Anganwadi workers, Stree Shakti workers, and trainees of creche management on various issues of early childhood education, health, and nutrition.

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National Level Conference on Public Health Aspects of Nutrition towards Sustainable Development Goals

Nutritional health issues have continued to remain as public health problems across the world. India being a developing country with wider socio-economic, demographic, cultural and behavioral diversities contributes to significant burden of nutritional problems globally. Though the country offers large-scale community nutrition programs and interventions, there is still a lot to do in improving the nutritional status of its population. India is committed to strive for achieving the UN Sustainable development goals set in the year 2015. Improving the nutritional status of people plays a major role in achieving goal 2 – zero hunger; goal 3 - good health and wellbeing; goal 12 - sustainable consumption and production. Nevertheless, other SDGs are also going to get indirectly influenced by achieving these three major SDG's related to nutrition and health.

MY NUTRICON - *2022* offers a forum for the experts in the field of food, diet and nutrition to showcase their ideas, innovations, experiences and research to the world. The conference will bring together leading academic scientists, researchers and scholars in the domain of nutrition across the country. Young researchers and experts can share their research findings through oral and poster presentations as a part of this conference.

Pre-conference workshop: 7th December 2022

Two parallel pre-conference workshops are organized on 7th December 2022. A series of hands-on sessions on the focussed thematic areas with lab/community visits will be the highlights of the workshops.

The maximum permissible registrations for each workshop is 45. The delegate should select the workshop he/ she would like to participate in the registration portal itself. The entry to the workshop is purely on a first come first serve basis. Each registered delegate should stick on to the same workshop and no swapping/change after registration is allowed.

Workshop 1:"Food Safety and Adulteration" includes visit to the food science laboratory situated at the Univesity of Mysore following introductory sessions.

Workshop 2:"Nutritional Assessment" includes visit to community for hands-on activity following introductory sessions.

The resource persons will include public health specialists and scientists working in the area of nutrition, food and dietetics.

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Prospective Participants for the conference and workshop

Faculty, research scholars, and students from medical, nutrition, food science, dietetics, public health, human development, and other allied health science programs.

Abstracts are invited for oral and poster presentation

Sub-themes/ Categories for oral and poster presentation:

1. Epidemiology of nutritional health problems across life stages
2. Public health nutritional intervention and assessment
3. Food security, nutrition, and sustainable development goals
4. Food safety and consumer perception
5. Innovation in nutrition and wellness
6. Public health workforce and building resilient communities

Guidelines for abstract submission:

- The abstract related to sub-themes of the conference should be typed in Times New Roman Font 12 with 1.5 line spacing.
- Title, Author(s) Name(s), Designation and Affiliation, Email id of the presenting author should be mentioned below the title at the beginning of the abstract.
- The title of the abstract should be bold and in capital letters, center-aligned. Do not use Abbreviations in the title. Restrict the words in title to 25

The First Letter of the author(s) name(s) must be a Capital letter. The presenting author's name should be bold and underlined.

- Use the superscripts to indicate the designation and affiliated institutions.
- The structure of the abstract must include, Background, Aim/Objective, Methods & Materials, Results & Conclusion.
- List the most relevant 3-5 Keywords. Type them in italics, Times New Roman Font size of 12.
- The abstract should not exceed 350 words excluding the Title, Name(s) of the author(s), and Affiliations, Keywords. It must be Justified text (Align text evenly between margins).

Note:

- The presenting author must send the declaration stating that they are submitting an original research paper that was not published earlier or/and not submitted for publication.
- Registration is a must for the presenting author. If presenting author is a student or Research scholar, enclose the declaration certified by the Head of the Institution.
- Mention the desirous mode of presentation (Oral/Poster) of your research paper. For the oral presentation, the best papers will be selected through blind review. The acceptance for the paper presentation will be informed within 7 days. Review-based studies will not be considered for oral presentation
- One registered person can present only one scientific paper.
- E-mail the soft copy of your abstract to this id: jsscmconabstract@gmail.com within the last date of submission. Late submission will not be considered for scrutiny.

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Last date for Early-Bird Registration : 31st October 2022

Last Date for Registration : 30th November 2022

Last Date for Abstract Submission : 20th November 2022

Details of individual registration for the Conference

Registration	Students	Faculty	Accompanying person
Early bird	1400 (INR)	2000 (INR)	1000 (INR)
Regular	1700 (INR)	2300 (INR)	1200 (INR)
Spot	2200 (INR)	2800 (INR)	1500 (INR)
Foreign	25 USD	30 USD	35 USD

Registration link/QR code for individual registration for Conference

https://mynutricon2022.commedjssmc.com/indi-reg/

Details of bulk registration for the Conference

Registration	Students	Faculty
Early bird	1200 (INR)	1700 (INR)
Regular	1500 (INR)	2000 (INR)
Spot	2000 (INR)	2500 (INR)
Foreign	25 USD	30 USD

Registration link/ QR code for bulk registration for Conference

https://mynutricon2022.commedjssmc.com/bulk-reg/

Details of Registration for the Pre-conference workshop

Registration	Students	Faculty
Regular	800	1000
Spot	1000	1200

Registration fees is inclusive of GST.

Registration link/ QR code for Pre-conference workshop

https://mynutricon2022.commedjssmc.com/preconf-workshop/

PAYMENT details

RTGS / NEFT / any UPI apps	
Name	JSS Medical College Seminar Account
Bank	State Bank of India, SS Nagar Branch
Bank A/c No.	64143204788
IFSC Code	SBIN0040547

Registration Guidelines

- Those who want to register for accompanying person kindly choose the link for individual registration.
- Accompanying person will not have access to scientific sessions, not permitted for presenting scientific paper and will not get conference kit.

Guidelines for bulk registration for conference

Eligibilty - 5 registrants

Process:

- Click on the link
- Fill the details of the 5 registrants in the same form
- Do the bulk payment
- Mention the UTR No of the bulk payment while filling google form
- 5 registrants can be mix of faculty and students
- In an excel sheet, details (Name, Designation, Institution, UTR No, contact number) of the 5 registrants should be added and mailed to jsscmconference2022@gmail.com

Refund policy: Once registered no refund will be given for cancellation

For details visit: https://mynutricon2022.commedjssmc.com

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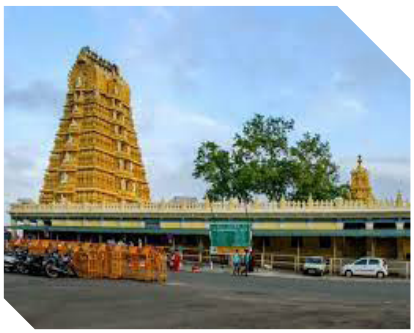
About Mysore city

Mysore is a cultural capital of Karnataka and is well known for its hertitage structures and palaces. Mysore is located at the foothills of Chamundi Hills, Southwestern Karnataka State. The Kingdom of Mysore was ruled by Wadiyar Dynasty and served as capital city from 1399 untill 1956.Mysore is well known for Mysore Dasara, State festival of Karnataka. The cultural city is also famous for Mysore silk sarees, Mysore Pak, Mysore Peta, Mysore Sandal Soap, etc.

Local Sightseeing and Tourist places to visit in and around Mysuru

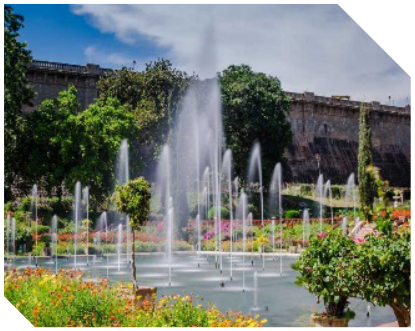


Chamundi Hills

Mysore Palace

St. Philomena's church

Jaganmohan Palace



Brindavan Garden

Krishnarajasagar dam

Mysore Zoo

Karanji Lake

Folklore museum

Accomodation details

Premium Resorts			Cost- 8000/- & above
Sl. No.	Name of the Hotel	Contact person	Nature of Room
1	Silent Shores, KRS Road, Mysuru (About 10 KM to the Venue)	Mr. Kushalappa B N Mobile. No. 96866 66697 Landline No. 0821 2402930/31/32	Single Double Triple sharing
2	Wind Flower Resorts and Spa, Maha Rana pratap Road, Mysuru (About 7 KM to the Venue)	Mr. Nylesh Landline No. 0821-2522500	Single Double Triple sharing
Category A			**Rs. 4000 and above**
Sl. No.	Name of the Hotel	Contact person	Nature of Room
1	Radisson Blu Plaza, Race course road, Mysuru (About 6 KM to the Venue)	Hari Krishnan. C T: +91.821.710 1234 M: +918884445008	Single Double Triple sharing
2	Southern Star, Vinoba road, Mysuru (About 4 KM to the Venue)	Ms. Suma Roy Mobile No. 09448067750 Landline No. 0821-2426426	Single Double Triple sharing
3	Fortune JP Palace, Abba Road, Nazarbad, Mysuru (About 3 KM to the Venue)	Srikanth N Landline No. 0821- 665 5444	Single Double Triple sharing
4	Hotel Metropole, JLB Road, Mysuru (About 4 KM to the Venue)	Mr. Vishwanath Landline No. +91 821 425 5566 / 4260215 / 216 / 218 Mobile No. +91 9902000142 / 9731479373	Single Double Triple sharing
5	Hotel Grand Mercure, Mysuru (About 2 KM to the Venue)	Mr. Suhas Hosmane M Landline No. 0821 402 1212 M obile No. +91 91487 90135	Single Double Triple sharing
Category B			**Rs. 2000 to 4000/-**
Sl. No.	Name of the Hotel	Contact person	Nature of Room
1	Hotel Sunflower, Mys-Bangalore Road, Mysuru (About 100 meters to the Venue)	Ms Sherly Mobile No. +919980355555 / +918197255557 Landline No. 0821-4193366/ 0821-4193399	Single Double Triple sharing
2	Hotel Dawn, Mys – Bangalore Road, Mysuru (About 100 meters to the Venue)	Mr. Satish Ph No. 8884450506	Single Double Triple sharing
3	Siddhartha, Near Hardinge Circle, Mysuru (About 4.5 KM to the Venue)	Mr. Sathyindra Prabhu 9845113888 / 09035510210	Non AC DLX Non AC DLX AC

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Category C – Budget Category			
1	Rajalakshmi Comforts, Near Highway Circle, Mysuru (About 2 KM to the Venue)	Ramesh Landline No. 0821 – 2499277, 2499299	Double Triple Four Sharing
2	Suhasini Palace, Near RMC, Mysuru (About 3 KM to the Venue)	Nikhil Suhas Mobile No. 9986689393	Double Triple
3	Hotel Gardencity, Near Highway Circle, Mysuru (About 1.5 KM to the Venue)	Mr. Haridas Mobile No. 9448037541	Double Bed Room : Rs.700/- Deluxe Double bed Room: RS.850/- Triple Bedded Room : Rs.850/- Four Bedded Room : Rs.995/- Extra Mattress/Person : Rs.150/- Plus GST Charges
4	Hotel The Presidency, Near Highway Circle, Mysuru (About 1.5 KM to the Venue)	Nikhil Suhas Mobile No. 9986689393	Double Bed Room : Rs.700/- Deluxe Double bed Room:RS.850/- Triple Bedded Room : Rs.850/- Extra Mattress/Person : Rs.150/- Plus GST Charges
5	Hotel Athithi, Near Highway Circle, Mysuru (About 1.5 KM to the Venue	Mr. Haridas Mobile No. 9448037541	Dlx Triple Bed A/C – Rs.1550/- Dlx Four Bed Non A/C – Rs.1500/- Dlx Four Bed A/C – Rs.1800/- A/C suite Four Bedded – Rs.1950/- Extra person/ Bed – Rs.200/- + GST 12% extra.

Note: Only accommodation assistance will be given from the conference. Bookings are done by contacting the above details or through accommodation apps by the participant/delegates.

Prices are subject to changes.

Contact details:

Dr Praveen Kulkarni
9008926878

Dr Mythily M R
9916919393

Email: jsscmconference2022@gmail.com

For details visit:
https://mynutricon2022.commedjssmc.com